

Whispering Hills llc

NEWSLETTER

April 2021

Itchy, New Road, Lateral, Farrier, Floating, and Spring Shots. Goals Due, Hair, Keep it Clean.



“No matter how bad your day is there is always someone waiting for you at the barn”

IMPORTANT DATES:

APRIL 6TH- SHOTS, 4:30 PM. MAKE SURE YOU HAVE A CHECK IN THE ENVELOPE NO NEED TO HOLD YOUR HORSE.

APRIL 12TH- FLOATS (THIS IS A NEW DATE)

DAYLIGHT SAVING TIME YAY ! ISN'T IT NICE !

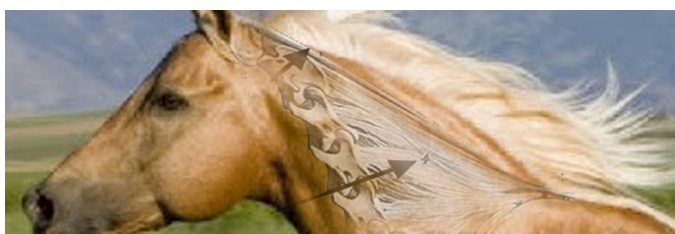
SHOWS: [GVDS-](#) DRESSAGE SHOW I APRIL 24TH AND 25TH

[GJHSA-](#) FUZZY SHOW EARLY APRIL 17TH

Itchy horse holding on by a thread(worm).



Last month we learned about a little itchy worm that can cause big problems. A little reminder of this is below. Also a reminder of worming and fecal floats. It is best to test your horses egg count with a fecal float test and of course we need to worm for that dreaded tapeworm. Please read up and be responsible. Our horses all share the same area, let's keep every horse happy and



healthy and WORM UP and *know if your horse is a high or low sheader !!*

Let us know! [READ UP!](#)

(REVIEW OF THE ITCH)One of the more unknown reasons for horses to rub out their manes and get overly itchy, (Most commonly known as sweet itch), is because of a parasite. This parasite is deposited by a Culicoides fly. Also known as a Midge, this fly can cause a lot of havoc with our equine friends especially their manes and even deeper their nuchal ligament.



The nematode (filarial worm aka Onchocerca) does not live in the intestines like most but the microscopic larval form lives in the horse's skin, mostly around the head, neck, shoulders, chest and underside of the belly. The neck threadworms live in the horse's nuchal ligament. (See the arrow in the picture above.) Some horses have them but never have much of a reaction while others have an allergic reaction to their microscopic larvae. [According to the article by Jane Clothier on the site, the Horsesback,](#) this is known as Onchocerciasis. Click above to learn how this little known worm is included in the long list of worms on the Ivermectin Wormer, but is a little known culprit of mane loss.

The road more easily traveled.

As you may or may not have noticed, the driveway is a lot wider by the cottonwood tree these days. Thanks to Ron, we now have 20 more feet of drivable space between the irrigation upright and the bark of the old Cottonwood tree! It was a ton of work to move that giant riser and put in the new irrigation pipe and gate. Now you relax and welcome the new space on either side of your car and trailer !!

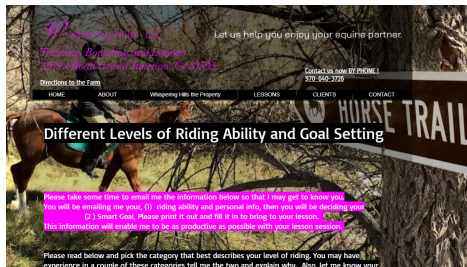


Workouts at your service...

We were going to have Michelle Mohler come to the farm in April to help us become more aware of our bodies and help us be stronger riders. Looking at the weather and the time frame we will hold off for warmer days in Mid May. I will put out the work out sign up around the first of May.

I have been doing workouts with her. She is a very good motivator. She has helped me become stronger in my core and more knowledgeable about what muscles are weak and how to improve their strength. She and I have been working on exercises for riders that will help them become stronger in the saddle and in turn more confidence on the horse. Michelle instructed group exercise classes from 1995 to 2013. She currently teaches PE at East Middle School. She has also taught core strength classes, Pilates, resistance training, kickboxing, cycle and more. She will be focusing on areas of your body that will make you a strong and more balanced rider. We will be sending out an announcement about specifics soon! The workouts will be in the aisle of the barn. You will need a yoga mat and any exercise bands or tubes you may have. If you don't have any we have some to borrow. A softer under-mat will be provided. All are encouraged to join, this is not for those that are fit. This is for those that need to become more fit ! No judgements, no certain discipline, just a lot of fun, learning about our bodies and how they work with our horses.

Goals.



Goal Statement:

This may be a show Goal of a certain percentage to can be combined with horse and rider achieving a g Example: After training: I will ride out on the trails c confident because of this increased willingness of F Example: I will be able to perform a first level test to

Goal statements due to Jennifer by April 3rd.

Remember there is a link on the website under lessons.

How you'll measure your progress:

1. Specific things to accomplish goal:

* I will know this goal has been achieved I

2. To achieve my goal, I will... * Watch videos I know on other horses. I will watch the traini
3. Ride in Schooling shows and record scores z
4. Schedule Late season recognized shows wh

Release !

Don't Forget to Please sign a new purple release that is in the Barn. Everyone should read the release carefully, sign it and return it to the back of the stack. Also, whenever anyone visits please have them read and sign one upon their arrival. Please and Thank you from Whispering Hills LLC.

Hair in the Air, Keep it Clean !



We are working hard to keep our beautiful new barn and area clean. Please if you make a mess with hair, or your horse makes a pile or horse apples, clean it up. Remember all biodegradables go in the poo pile in the back of the barn. No poop or shavings in the trash please.

Also, if your horse makes a pile please, redistribute it to a better location. There are picks and muck buckets all around the Farm.

Mark it.

We are always asking that your items be marked with your or your horse's **name** (s). Please put a bridle tag on your bridle. **Mark** your brushes, halter and rope etc.. (Perhaps a magic marker or tag.) We have some great people but we all get confused as to whose stuff is whose... If it's not marked and it is in a common area... it is fair game. :)



Group



Saturday **group** Clinic will continue to be at the time of 2:00 on Saturday. Now available are sign up links for those that are interested in the group lessons. Please sign up so we know how many to expect each week. See the website for those links. Text us if you have questions.

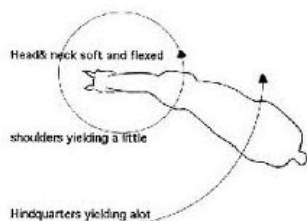
970-640-3726. **private lessons** are available by using the links on the website as well. If you are taking a lesson on one of the school horses of Whispering Hills

please text Jennifer for Availability of the horses before booking a lesson online. Remember Jennifer is Working full time until Mid May so be patient.

Group Discussion, Move over !

Lateral means sideways and movement can be in any direction but is usually forward and always forward for dressage lateral movements. Lateral movements are good for suppleness, strengthening and straightening. They also improve responsiveness to the riders aids. Movements we have done and will continue to do are; Turn on the forehand, leg yield and shoulder in. There are many more but these are the first steps.

Turning on the forehand helps the rider learn how to support the shoulder with their outside rein, as they ask the horse to move their hind quarters and not their front feet. It also informs the rider if their aids are correct and if their horse is responding to their aids. While having your horse turn, be sure they are remaining still in the front, have almost no bend in their neck and they are stepping around enough behind to cross their hind legs.



The turn on the forehand will help improve the riders control over the shoulders in a larger space on circles and turns.

It is a good idea when first starting the turn on the forehand to have an obstical that helps you know where your horse is to keep its front legs. A cone, a pole or other item.

After the rider can gain control over the shoulders and the hind end they can continue to more obstical work like riding a back through an L or opening a gate.

Farrier, Equine Dentist and Spring shots.

Shots, Farrier and Floats

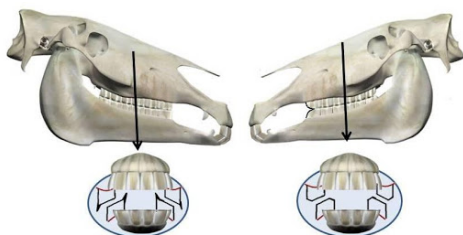
Shots will be done by Dr. John Harris on April 6th at 4:30 and Dr. Carrica will be here to Float teeth the day of April 12th. (This is a new date.) If your horse is having any of these procedures, make sure you are on the lists outside the tack room and checks should be placed in the envelopes outside of the Tack Room at East Barn by the day of the service. If there is not a check, your horse will not get done.

If you need your horse to see Pete on April 17th, sign up as soon as you can with the links on our website www.whstables.com . You can call or text Pete as well if you have specific directions for him. 970-596-2520 As always you can use any farrier you like. Please arrange to have your horse ready for Pete or be there to hold them.

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FLOATING (New Date)



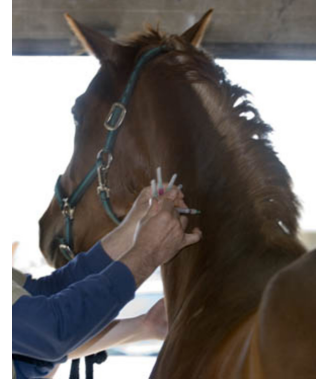
Dominic Carrica will be back on *April 12th* to do farm floats. This is a new date he could not come on April 9th. If you need your horse's teeth done, please sign up on the sheet outside the tack room, if you haven't already. If you do not have an account with Amigo Animal Clinic you will need to call them and set up an account. Please let them know you were referred by Jennifer Weber of WH and that the horse is at 2269 J Road, But... that the horse is yours and to be billed directly to you.

Whispering Hills LLC helps out and schedules the vet for our clients with two or more yearly farm call vet exams. HELPING OUR CLIENTS help their horses.

Spring shots. **SHOOT!**

Dr. Harris will be doing the Farm shots again this year. He will be here April 6th. He waves all farm calls. If you would like to have him do your horse's shots please sign up on the sheet by the tack room, if you haven't already and leave a check made out to Harris Veterinary Clinic in one of the envelopes. Dr. Carrica can do your horse's shots as well if you are having him do their teeth. Just add it to your sheet to let us know and let Amigo know as well.

If you are doing any of the above health maintenance through another vet, just let us know: Vet, day and time and be there or set up someone to hold your horse.



We Can Handle This!

There is a \$15 handler fee through WH stables if you would like us to catch and hold your horse for any reason. (ie Farrier, Vet, etc.)

New box for payments and documents in East Barn.



Missing a Newsletter? They are all posted on the Whispering Hills Website !

www.whstables.com

Around the farm

